

# Airbrush Tan Preparation/Care

## Before Arriving for your Tan:

- Shower and get any sweat off your body.
- Shave
- Exfoliate skin with a washcloth or exfoliating cream
- Do NOT put lotion on any part of our body
- Brush your teeth, you will not be able to get wet after you are sprayed
- Pluck eyebrows for easy application on your skin
- Pull hair back so no hairs are touching your face
- Dress in very loose clothing (black if you do not want the solution to get on your clothes)
- Wear a strapless bikini, strapless bra, underwear, boxers, and/or pasties. Topless is ok, but really up to you if you feel comfortable. Bottoms are required! ☺
- Wear a chapstick or lip gloss for easy removal of color on your lips.

## After you are Sprayed:

- Give your tan time to dry before dressing, your artist will let you know when it is ok to dress.
- Do not touch any part of your body if you can help it, especially your face. The tan will come off if you touch it if it's not completely dry.
- Do NOT get wet until 8-12 hours after you are sprayed. No washing your hands, brushing your teeth or anything involving water.
- The first night of your tan you will see brown solution on your sheets/pajamas. It will wash out if you wash them promptly.
- You will wake up looking darker, so do not be alarmed the tan has processed!
- When you wake up or 10-12 hours later, take a shower. Gently let the water rinse the tan off your skin. You may shave that day if needed. Cover white bath mats just for the first shower after you are sprayed; some solution may drip off onto the mat. Pat yourself dry, do not rub. If you see a dark spot anywhere on your skin use a damp cloth in circular motions to lighten that area.

## The Key to a Long Lasting Tan:

- Moisturize, moisturize...and moisturize again!
- Chlorine from the pool can dry out your skin or soften it so just be careful not to rub your skin much right after getting out of the pool.
- The tan is NOT sunscreen to your skin so wear SPF at all times when in the sun! A burn does not work with a tan so if you are burnt before you get tanned, your tan will not last.
- Your face will wash off faster than any part of your body. This is normal so just use a bronzer or self tanner on your face to match your tan as time goes on.
- A self tanning lotion is also a good way to maintain your tan and keep your tan fresh.

## Factors that may alter your color from time to time or affect how the tan sticks:

**Hormones:** If you are pregnant or nursing this can affect your color. It may not show up as dark during this time. We can try to fix that after your first application but will not know how you skin will react to it until we try☺

**Medications:** Depending on what you are taking this could affect the color shade as well. It will never show up darker but may seem much lighter than you expect.

**Exfoliation/New products used on the skin:** If you have been tanned more than once, your color may be different from time to time. This could be due to not fully exfoliating the previous application completely off. It could also depend on the lotions you use the few days prior to tanning. Be sure to scrub all lotions and skin products off before tanning. This may take a dry to damp cloth on very moist skin and using a non-moisturizing soap.